

## ERUDITE

JUNE EDITION 2020

The monthly newsletter of the Quizzing Society

- Irrfan Khan: He always wanted to be a cricketer but could not pursue it as his family was not in support of it. During his days of struggle, he had to do odd jobs like giving tuition to kids or repairing air conditioners for the people. Due to his hard work and acting skills, he became very popular. He was the first actor who acted in 2 films that won Academy Awards. His commitment to his work was such that he even declined an offer in the movie Interstellar. We will remember him for his inspiring journey and his effort to not give up on
- Michelle Obama: As a young mother, a fashion icon, lawyer, writer, and the first African-American First Lady, Michelle Obama became a role model for many Americans. Her father was a pump operator and her mother was a housewife. Michelle rose from poverty to go to Princeton University and finally to the White House, where she became an inspiration for everyone. After her husband's election, she chose several causes to support: advocating for support for military families and encouraging healthy eating to solve the epidemic of childhood obesity. She was undoubtedly one of the most influential First Ladies of the US.



"People like to see my work, not my face!"



Michelle Obama delivering a speech to the Democratic **National Convention** 



Irrfan was awarded the Padma Shri by then-President Pratibha Devi Singh Patil



The Obama family

Swami Ramdev



'Skipping Sikh' Rajinder Singh



Jayaraj and Fenix



The Starbucks employee

## **NEWS HEADLINES**

- Swami Ramdev's Patanjali launches Coronil, an ayurvedic drug, and claims to cure Coronavirus.
- A pregnant elephant dies after being fed pineapple with firecrackers in Kerala.
- L'Oréal to drop words 'fair', 'white', 'light' from skincare products.
- Boris Johnson honours 73-year-old "Skipping Sikh" for raising money for UK's National Health Service.
- Shocking custodial deaths of Jayaraj and Fenix force people worldwide to raise questions on police brutality.
- Pakistan PM declares emergency over locust insects destroying crops while China plans to send 1,00,000 ducks to Pakistan to fight crop-eating locusts.
- A Starbucks employee who declined to serve a woman not wearing a face mask in the US has received over ₹44 lakh in tips.





A plague of locusts

## **BE KIND TO YOURSELF**

- It is natural to feel stress, anxiety, grief, and worry during and after a disaster.
- Life is a minefield of challenges and nothing is easy. Everything has its pros and cons. In fact, difficult situations make you stronger.
- Whenever in any difficulty, share your feelings with the people you trust.
- Regular exercise can have a profoundly positive impact on stress and anxiety. It also helps you sleep better, and boosts your overall mood.
- Whenever you are confused, relax! It is best to do nothing at times. You do not always have to be productive.
- In the end, the most important thing in life is life itself!



Stay connected



Be PROUD of yourself



Take proper SLEEP



**EXERCISE** 



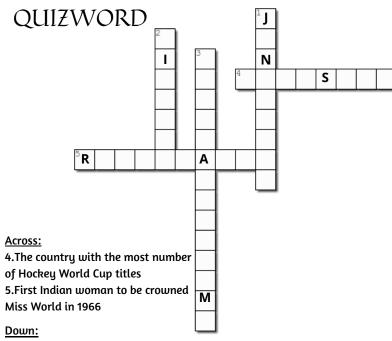
LEARN something new



**RELAX** 

## Did you know?

- Cherophobia is an irrational fear of fun or happiness.
- In the 16th Century, Turkish women could initiate a divorce if their husbands did not pour coffee for them as coffee was an integral part of Turkish society.
- 95% of people text things they could never say in person.
- 29th May is officially 'Put a Pillow on Your Fridge Day' celebrated to bring good luck & wealth to the household.
- Snakes can help predict earthquakes.
- In Switzerland, it is illegal to own just one guinea pig because guinea pigs are social creatures who need interaction with their species to be happy.



1.Hero of the Quit India Movement, also known as 'Lok Nayak'2.The cyclone that hit India's west coast recently

3.Female Tennis player with the most number of Grand Slam titles

(Answers will be given in the next edition).

Answers to the MAY edition:

1.Hydroxychloroquine 2. Motera

z. Motera

3. APJ Abdul Kalam

4.Shramik

5. Sonam Wangchuk

6. Kylie Jenner

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